

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|----------------|------------------------|---------|-------|----|---------|---|---------|
| D10 (5) | | | | | | | |
| 1 | Balma Camps | ALIGOTS | 14:38 | 2 | 33:34 | 1 | 48:12 |
| 2 | Naia Valiente Pérez | ALIGOTS | 10:22 | 1 | 44:04 | 2 | 54:26 |
| 3 | Urgell Cabré Graell | | 17:15 | 3 | 53:30 | 3 | 1:10:45 |
| 4 | Cinta Corbí I González | CMH | 23:42 | 5 | 1:07:34 | 4 | 1:31:16 |
| | Iria Miguez Llamas | ALIGOTS | 20:12 | 4 | | | |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|----------------|---------------------------|------------|-------|----|---------|---|-------|
| H10 (7) | | | | | | | |
| 1 | Martí Angulo Izard | SABADELL-O | 9:16 | 1 | 25:51 | 1 | 35:07 |
| 2 | Uriel Santiago Gistau | ALIGOTS | 10:28 | 3 | 30:51 | 2 | 41:19 |
| 3 | Liam Santiago Gistau | ALIGOTS | 9:42 | 2 | 31:54 | 3 | 41:36 |
| 4 | Hugo Valenzuela Hernandez | MONTSANT | 11:53 | 5 | 33:21 | 4 | 45:14 |
| 5 | Roi Noguera Fernandez | ALIGOTS | 11:42 | 4 | 46:16 | 6 | 57:58 |
| 6 | Lluc Figueras Vilà | ALIGOTS | 17:06 | 6 | 41:58 | 5 | 59:04 |
| | Hugo Grandgeorge Vilàs | COC | | | 1:36:46 | 7 | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|---------------------|------------|------------|--------------|---------|
| D12 (4) | | | | | |
| 1 | Gala Noguera Aldama | ALIGOTS | 8:31 | 1 33:58 | 1 42:29 |
| 2 | Berta Angulo Izard | SABADELL-O | 11:06 | 2 44:35 | 2 55:41 |
| | Ona Rios Bolaño | MONTSANT | 14:39 | 3 r en tarj. | |
| | Nur Comas Sanchez | ALIGOTS | r en tarj. | | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|-----------------------|----------|-------|--------------|-----------|
| H12 (4) | | | | | |
| 1 | Pau Dalmases | COB | 12:54 | 1 36:53 | 1 49:47 |
| 2 | Nil Rosich Sanchez | MONTSANT | 15:58 | 2 47:12 | 2 1:03:10 |
| 3 | Roger Obrador Montori | COB | 18:09 | 4 1:09:35 | 3 1:27:44 |
| | Luca Delgado Mata | MONTSANT | 17:52 | 3 r en tarj. | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|-----------------------|---------|-------|-----------|-----------|
| D14 (6) | | | | | |
| 1 | Glòria Teixidor Gala | ALIGOTS | 11:01 | 1 46:21 | 1 57:22 |
| 2 | Bruna Rufo Franch | ALIGOTS | 13:16 | 3 1:08:32 | 2 1:21:48 |
| 3 | Emma Surrell Ferrer | ALIGOTS | 12:41 | 2 1:11:26 | 3 1:24:07 |
| 4 | Lena Cerecedo Queralt | COC | 16:11 | 5 1:40:32 | 5 1:56:43 |
| | Anna Viure Maymó | COB | 14:48 | 4 | |
| | Uxia Miguez Llamas | ALIGOTS | | 1:34:24 | 4 |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|--------------------------|---------|-------|-----------|-----------|
| H14 (9) | | | | | |
| 1 | Roger Curriu Badia | COB | 12:52 | 3 59:57 | 1 1:12:49 |
| 2 | Gil Claparols Estellé | UEVIC | 12:35 | 2 1:02:12 | 2 1:14:47 |
| 3 | Artur Pankiv Solopan | ALIGOTS | 14:21 | 6 1:04:57 | 3 1:19:18 |
| 4 | Martí Bruguera Martorell | UEVIC | 14:19 | 5 1:05:06 | 4 1:19:25 |
| 5 | Roger Puig Finazzi | ALIGOTS | 11:59 | 1 1:15:37 | 5 1:27:36 |
| 6 | Arnau Ylla-Català Vila | UEVIC | 14:43 | 7 1:16:12 | 6 1:30:55 |
| 7 | Joan Satorras Jiménez | COC | 14:58 | 8 1:45:40 | 7 2:00:38 |
| | Aniol Gargallo Pujol | COC | 14:04 | 4 bandona | |
| | Pau Marsal Domenech | COC | | 1:50:03 | 8 |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|----------------|---------------------------|------------|-------|----|---------|---|---------|
| D16 (8) | | | | | | | |
| 1 | Marta Nogués Vives | MONTSANT | 17:07 | 3 | 1:09:31 | 1 | 1:26:38 |
| 2 | Maia Sánchez Puga | COC | 16:23 | 2 | 1:25:58 | 2 | 1:42:21 |
| 3 | Xenia Riera Perez | ALIGOTS | 14:57 | 1 | 1:49:11 | 4 | 2:04:08 |
| 4 | Urgell Goma Español | XXO | 25:40 | 5 | 2:09:08 | 5 | 2:34:48 |
| 5 | Maria Gozzo Bisso Cuadras | COC | 29:29 | 6 | 2:11:13 | 6 | 2:40:42 |
| 6 | Magda Cavallini | COC | 22:06 | 4 | 2:23:41 | 7 | 2:45:47 |
| | Marta Palau | COC | | | 2:28:05 | 8 | |
| | Muriel Marí Vidal | SABADELL-O | | | 1:39:12 | 3 | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|-------------------------|---------|---------|-----------|-----------|
| H16 (7) | | | | | |
| 1 | Jofre Puigcercós Bella | COB | 15:18 | 2 53:54 | 1 1:09:12 |
| 2 | Oriol Ylla-Català Vila | UEVIC | 16:17 | 4 1:05:03 | 2 1:21:20 |
| 3 | Joel Rufo Franch | ALIGOTS | 14:48 | 1 1:14:23 | 3 1:29:11 |
| 4 | Kai Fité Wu | COC | 17:31 | 5 1:22:44 | 4 1:40:15 |
| 5 | Martí Méndez Santamaria | BO | 15:26 | 3 1:27:35 | 5 1:43:01 |
| 6 | Theo Gomariz Sulupira | COC | 18:52 | 6 2:03:07 | 6 2:21:59 |
| | Bernat Camps Puig | ALIGOTS | No sale | No sale | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|------------------------|-------|-------|-----------|-----------|
| D18 (3) | | | | | |
| 1 | Laura Puigcercós Bella | COB | 16:20 | 2 59:32 | 1 1:15:52 |
| 2 | Maria Bartolomé | UEVIC | 18:27 | 3 1:00:42 | 2 1:19:09 |
| 3 | Airina Turró | UEVIC | 15:53 | 1 1:06:34 | 3 1:22:27 |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|------------------------|------|-------|------------|-----------|
| H18 (3) | | | | | |
| 1 | Bernat Goma Español | XXO | 13:06 | 1 59:04 | 1 1:12:10 |
| 2 | Joan Méndez Santamaria | BO | 13:25 | 2 1:08:26 | 2 1:21:51 |
| | Carlit Tölkö Valledor | BO | | r en tarj. | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|-------------------|----------|------------|-----------|-----------|
| H20 (2) | | | | | |
| 1 | Pol Blanch Vinyes | NO CLUB | 16:26 | 1 2:25:33 | 2 2:41:59 |
| | Roc Feijoo Massot | MONTSANT | r en tarj. | 2:21:37 | 1 |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|-----------------|---------------------------|---------|---------|----|---------|---|---------|
| D21A (8) | | | | | | | |
| 1 | Aina Albajar Sigalés | COC | 19:05 | 2 | 1:21:43 | 2 | 1:40:48 |
| 2 | Marina Pelfort Moreno | ALIGOTS | 17:00 | 1 | 1:34:38 | 3 | 1:51:38 |
| 3 | Clara San Emeterio Pineda | COC | 23:43 | 3 | 1:45:20 | 4 | 2:09:03 |
| | Tate Moreno Camps | COB | No sale | | 1:19:02 | 1 | |
| | Rut Palau | COC | | | 2:26:05 | 7 | |
| | Laia Farell Teixidó | COC | | | 2:00:37 | 6 | |
| | Aina Palau Ribas | COC | | | 2:29:10 | 8 | |
| | Mar Sabrià Torras | NO CLUB | | | 1:54:07 | 5 | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|-----------------|------------------------|---------|-------|-----------|-----------|
| H21A (4) | | | | | |
| 1 | Marc Riera Canadell | ALIGOTS | 19:43 | 1 2:12:59 | 3 2:32:42 |
| | Adrian Yañez Vallverdu | UPC-O | | 1:31:54 | 2 |
| | Albert Serra Cirera | UEVIC | | 1:09:46 | 1 |
| | Timothy Mccarthy | COC | | e control | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|-----------------|-------------------------|----------|---------|-----------|-----------|
| D21E (4) | | | | | |
| 1 | Maria Gumà Martinez | ALIGOTS | 14:52 | 1 1:27:33 | 1 1:42:25 |
| 2 | Meritxell Freixas Nogué | COB | 15:52 | 2 1:54:21 | 2 2:10:13 |
| | Solenn Hillion Davin | COC | 21:32 | 3 bandona | |
| | Laia Gil Clapera | MONTSANT | No sale | | |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|-----------------|------------------------|----------|-------|----|---------|---|---------|
| H21E (8) | | | | | | | |
| 1 | Eloi Martí Romaní | ALIGOTS | 13:33 | 2 | 1:09:32 | 1 | 1:23:05 |
| 2 | Thomas Wilson | COC | 13:00 | 1 | 1:13:02 | 2 | 1:26:02 |
| 3 | Martí Vallbona | UEVIC | 14:42 | 3 | 1:16:37 | 5 | 1:31:19 |
| 4 | Quim Solé Llobet | COC | 16:10 | 4 | 1:35:35 | 6 | 1:51:45 |
| | Ignasi Miralles Nogués | MONTSANT | 18:51 | 5 | | | |
| | Martí Batalla Grau | COC | | | 1:41:52 | 7 | |
| | Pau Llorens Caellas | COB | | | 1:15:30 | 3 | |
| | Pol Ráfols Perramon | COB | | | 1:16:09 | 4 | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|----------------------------|--------------|-------|-----------|-----------|
| D35 (5) | | | | | |
| 1 | Laura Serra Sala | COB | 19:25 | 1 1:17:26 | 2 1:36:51 |
| 2 | Montse Graell Tor | | 28:59 | 4 1:22:53 | 3 1:51:52 |
| 3 | Mireia Darné | GASTANT KEKS | 20:52 | 3 1:48:22 | 4 2:09:14 |
| 4 | Radka Svarcova | ALIGOTS | 20:37 | 2 1:53:42 | 5 2:14:19 |
| | Annabel Valledor Fernandez | BO | | 1:12:43 | 1 |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|-----------------|----------------------------|--------------|------------|----|---------|----|---------|
| H35 (13) | | | | | | | |
| 1 | Abel Ledesma Piedra | XXO | 16:14 | 6 | 1:03:51 | 1 | 1:20:05 |
| 2 | Aleu Agulló | XXO | 15:39 | 5 | 1:07:34 | 3 | 1:23:13 |
| 3 | Josep Maria Freixas Nogue | COB | 14:56 | 3 | 1:08:36 | 4 | 1:23:32 |
| 4 | Narcís Pou Martí | ALIGOTS | 14:37 | 2 | 1:12:27 | 6 | 1:27:04 |
| 5 | Guillermo Garcia De Marina | ALIGOTS | 15:38 | 4 | 1:27:57 | 7 | 1:43:35 |
| 6 | Marc Ballabriga Costa | COB | 17:58 | 7 | 1:34:48 | 8 | 1:52:46 |
| 7 | Joan Planagumà Brum | GASTANT KEKS | 13:15 | 1 | 1:47:16 | 10 | 2:00:31 |
| | Eduard Roig Nadal | MONTSANT | r en tarj. | | 2:32:01 | 12 | |
| | Ricard Moncayo Viñes | MONTSANT | 25:59 | 8 | bandona | | |
| | David Tarrés | COB | | | 1:05:47 | 2 | |
| | Lleí Viles Bonet | COB | | | 1:10:45 | 5 | |
| | Oriol Bueno Albertí | UPC-O | | | 2:12:02 | 11 | |
| | Jordi Braña López | UPC-O | | | 1:40:12 | 9 | |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|-----------------|---------------------------|------------|-------|----|---------|----|---------|
| D40 (18) | | | | | | | |
| 1 | Meritxell Bella Ferrer | COB | 19:20 | 1 | 1:08:17 | 1 | 1:27:37 |
| 2 | Cristina Bertrán Prat | UEVIC | 20:33 | 3 | 1:08:35 | 2 | 1:29:08 |
| 3 | Marta Planas | ALIGOTS | 19:26 | 2 | 1:16:54 | 3 | 1:36:20 |
| 4 | Cristina Valiente Ortego | ALIGOTS | 21:43 | 5 | 1:20:58 | 5 | 1:42:41 |
| 5 | Salut Masip | COB | 22:50 | 8 | 1:23:18 | 6 | 1:46:08 |
| 6 | Sandra Rabassa Bragulat | XXO | 21:44 | 6 | 1:25:29 | 7 | 1:47:13 |
| 7 | Elisenda Franch Hernandez | ALIGOTS | 21:41 | 4 | 1:31:00 | 9 | 1:52:41 |
| 8 | Miriam Carretero Miguel | UPC-O | 24:38 | 13 | 1:30:13 | 8 | 1:54:51 |
| 9 | Cristina Roquet Ruiz | COB | 24:28 | 11 | 1:46:44 | 12 | 2:11:12 |
| 10 | Sarai Ferrer | COB | 22:53 | 10 | 1:51:29 | 14 | 2:14:22 |
| 11 | Marta Iazard Alberich | SABADELL-O | 21:45 | 7 | 1:53:13 | 16 | 2:14:58 |
| 12 | Alea Noguera Aldama | ALIGOTS | 22:50 | 8 | 1:52:23 | 15 | 2:15:13 |
| 13 | Virginia Guell Rovira | XXO | 26:12 | 14 | 1:50:31 | 13 | 2:16:43 |
| 14 | Clara Vila Rodríguez | UEVIC | 24:37 | 12 | 2:20:50 | 17 | 2:45:27 |
| | Aida Urgell Lluveras | UPC-O | | | 1:18:25 | 4 | |
| | Sílvia Novoa Barbosa | BO | | | 1:38:09 | 10 | |
| | Melibea Quintana Solà | UEVIC | | | 1:44:16 | 11 | |
| | Alexandra Svarcova | ALIGOTS | | | No sale | | |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|-----------------|-----------------------|--------------|---------|----|---------|----|---------|
| H40 (15) | | | | | | | |
| 1 | Miguel Miguez Cal | ALIGOTS | 16:05 | 3 | 1:13:17 | 4 | 1:29:22 |
| 2 | Marc Roca Codinachs | COB | 16:38 | 4 | 1:16:12 | 6 | 1:32:50 |
| 3 | Ricard Angulo Rovira | SABADELL-O | 15:24 | 2 | 1:20:44 | 7 | 1:36:08 |
| 4 | Martí Boleda Montpart | COB | 14:07 | 1 | 1:29:58 | 9 | 1:44:05 |
| 5 | Amadeu Brea | ALIGOTS | 18:13 | 5 | 1:35:24 | 10 | 1:53:37 |
| | Miquel Marimon Gamell | UEVIC | | | 1:26:15 | 8 | |
| | David Rodriguez Perea | UEVIC | | | 1:07:19 | 1 | |
| | Jaume Palau | COC | | | 1:15:54 | 5 | |
| | Joan Barcons Espunya | GASTANT KEKS | | | 1:37:14 | 11 | |
| | Ramon Aubets Rafart | COB | | | 1:10:49 | 2 | |
| | Sergi Gomà Martínez | XXO | | | 1:58:14 | 12 | |
| | Pau Marí Lladó | SABADELL-O | | | 1:11:25 | 3 | |
| | Chris Grandgeorge | COC | | | bandona | | |
| | Mykyta Vesich | ALIGOTS | | | No sale | | |
| | David Veleda Díaz | COC | No sale | | No sale | | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|-----------------|--------------------------|--------------|-------|--------------|------------|
| D45 (18) | | | | | |
| 1 | Anna Amigó Bertran | COC | 17:03 | 2 1:02:43 | 1 1:19:46 |
| 2 | Marta Arderiu Ros | COC | 16:59 | 1 1:07:23 | 2 1:24:22 |
| 3 | Núria Pujol Foyo | COC | 18:34 | 4 1:16:40 | 3 1:35:14 |
| 4 | Adela Illamola Colomer | UEVIC | 19:43 | 6 1:19:15 | 4 1:38:58 |
| 5 | Laia Santamaria Ortega | BO | 18:31 | 3 1:27:32 | 6 1:46:03 |
| 6 | Lluisa Silla Martinez | XXO | 21:46 | 11 1:34:51 | 7 1:56:37 |
| 7 | Maribel Llamas Haro | ALIGOTS | 22:47 | 13 1:39:55 | 8 2:02:42 |
| 8 | Txell Badia Comas | COB | 21:58 | 12 1:42:53 | 9 2:04:51 |
| 9 | Anna Ferrer Robert | ALIGOTS | 21:04 | 8 1:47:24 | 10 2:08:28 |
| 10 | Laia Cabrol Perez | XXO | 21:15 | 9 1:54:05 | 11 2:15:20 |
| | Imma Arderiu Capdevila | GASTANT KEKS | 21:37 | 10 bandona | |
| | Montse Buscart Piñot | XXO | 18:53 | 5 r en tarj. | |
| | Emma Esgleas Pascual | ALIGOTS | 20:25 | 7 r en tarj. | |
| | Cristina González Monrós | CMH | 33:50 | 14 | |
| | Rosa Maria Ribes | COC | | 1:57:57 | 12 |
| | Maria Paz Gistau Delgado | ALIGOTS | 39:59 | 15 | |
| | Pilar Vidal Flaqué | SABADELL-O | | 1:27:29 | 5 |
| | Núria Zapater Rodríguez | XXO | | bandona | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|-----------------|---------------------------|------------|------------|------------|------------|
| H45 (21) | | | | | |
| 1 | Jordi Graell Tor | XXO | 14:44 | 1 1:01:01 | 1 1:15:45 |
| 2 | Daniel Daví Recasens | COC | 17:26 | 4 1:03:00 | 2 1:20:26 |
| 3 | Joel Perarnau Marigil | COB | 17:29 | 5 1:04:08 | 3 1:21:37 |
| 4 | Jose Manuel Cano Torrejon | SABADELL-O | 15:04 | 2 1:10:04 | 7 1:25:08 |
| 5 | Jordi Sunyol Lison | ALIGOTS | 18:37 | 8 1:06:42 | 5 1:25:19 |
| 6 | Jordi Camps | ALIGOTS | 18:47 | 9 1:08:51 | 6 1:27:38 |
| 7 | Jordi Bruguera Rosés | UEVIC | 17:38 | 6 1:11:43 | 8 1:29:21 |
| 8 | Pablo Corbí Vicedo | CMH | 17:54 | 7 1:16:23 | 9 1:34:17 |
| 9 | Marcos Fernández Alvarez | ALIGOTS | 19:03 | 10 1:20:12 | 10 1:39:15 |
| 10 | Jordi Ballús | COB | 16:59 | 3 1:22:18 | 11 1:39:17 |
| 11 | Daniel Planella Oriol | ALIGOTS | 23:38 | 13 1:44:53 | 16 2:08:31 |
| | Àlex Dalmases | COB | r en tarj. | 1:24:13 | 12 |
| | Edgar Rufo Gomez | ALIGOTS | 22:40 | 12 bandona | |
| | Jordi Fargas Vila | UPC-O | 21:38 | 11 bandona | |
| | Benet Totusaus Gargallo | BO | | 1:06:12 | 4 |
| | Marc Canals Borràs | XXO | | 1:34:57 | 14 |
| | Francesc Marí Caus | BO | | 1:29:55 | 13 |
| | Arnau Pijuan Canadell | COC | | bandona | |
| | Francesc Farrés Coll | SABADELL-O | | 1:41:51 | 15 |
| | Germán García Sánchez | ALIGOTS | No sale | | |
| | Jordi Riuró Ponce | ALIGOTS | | No sale | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|-----------------|---------------------------|-------------------|---------|-----------|-----------|
| D50 (10) | | | | | |
| 1 | Mireia Martinez Tomé | COC | 18:57 | 1 56:15 | 1 1:15:12 |
| 2 | Sandra Aura Masip | GOXTREME BARCELON | 22:45 | 3 1:18:42 | 6 1:41:27 |
| 3 | Eva Guma Martinez | ALIGOTS | 24:53 | 6 1:17:57 | 4 1:42:50 |
| 4 | Natàlia Gorro Felip | COC | 24:10 | 4 1:32:07 | 7 1:56:17 |
| 5 | Clara Pañella | COB | 20:20 | 2 1:40:15 | 8 2:00:35 |
| 6 | Maida Serrallonga Gasch | GOXTREME BARCELON | 24:11 | 5 2:08:30 | 9 2:32:41 |
| | Ingrid Padrós Rombouts | UEVIC | | 1:18:16 | 5 |
| | Mar Serra Amat | COC | | 1:10:53 | 3 |
| | Miriam Sendra Ros | COC | | 56:16 | 2 |
| | Rosa Maria Sanjaume Parés | UEVIC | No sale | No sale | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|-----------------|-------------------------------|---------|-------|------------|------------|
| H50 (18) | | | | | |
| 1 | Albert Daví Recasens | COC | 16:27 | 2 50:13 | 1 1:06:40 |
| 2 | Josep M. Puig Lobato | ALIGOTS | 15:22 | 1 1:02:13 | 2 1:17:35 |
| 3 | Pere Bossa Bueso | COC | 16:35 | 3 1:03:23 | 3 1:19:58 |
| 4 | Pau Comerma Gómez | OROS | 18:26 | 7 1:06:56 | 4 1:25:22 |
| 5 | Jordi Arumi Casadevall | XXO | 19:43 | 8 1:11:24 | 7 1:31:07 |
| 6 | Juli Serrat Grané | UEVIC | 20:34 | 10 1:10:47 | 6 1:31:21 |
| 7 | Josep Maria Santiago Gonzalez | ALIGOTS | 17:20 | 4 1:17:20 | 8 1:34:40 |
| 8 | F. Xavier Clotas Torrent | ALIGOTS | 18:01 | 6 1:18:08 | 9 1:36:09 |
| 9 | Jordi Sales Rovira | UEVIC | 25:40 | 12 1:23:11 | 10 1:48:51 |
| 10 | David Obrador Sala | COB | 20:15 | 9 1:34:20 | 13 1:54:35 |
| | José María Méndez Seguí | BO | 24:02 | 11 bandona | |
| | Àngel Pi Boada | COC | 17:51 | 5 | |
| | Carles Surrèll Pratsevall | ALIGOTS | | 1:34:56 | 14 |
| | Rosend Bruch Maseras | UEVIC | | 2:07:25 | 16 |
| | Jordi Boté Montsant | XXO | | 1:44:31 | 15 |
| | Miquel Casafont Ribera | UPC-O | | 1:32:50 | 12 |
| | Eduard Masoliver Frutos | UEVIC | | 1:10:18 | 5 |
| | Carles Domènech Mestres | UPC-O | | 1:27:37 | 11 |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----------------|-------------------------|------------|-------|-----------|-----------|
| D55 (7) | | | | | |
| 1 | Mercè Forniés Domènech | COC | 23:03 | 2 1:00:03 | 1 1:23:06 |
| 2 | Anna Garriga Sala | COB | 19:52 | 1 1:10:29 | 2 1:30:21 |
| 3 | Núria Olivé Boqué | UEVIC | 24:47 | 4 1:14:02 | 3 1:38:49 |
| 4 | Blanca Foix Salló | COB | 23:20 | 3 1:18:56 | 5 1:42:16 |
| 5 | Véronique Hillion | COC | 29:02 | 5 1:14:42 | 4 1:43:44 |
| 6 | Montserrat Olmos Creus | SABADELL-O | 41:23 | 6 2:12:34 | 7 2:53:57 |
| | Anna Cirera Serrallonga | UEVIC | | 1:54:30 | 6 |

| os | Nombre | Club | E1 | E2 | Tempo |
|-----------------|-------------------------|-------------------|-------|-----------|-----------|
| H55 (11) | | | | | |
| 1 | Xevi Garcia Gil | ALIGOTS | 15:07 | 1 1:15:17 | 1 1:30:24 |
| 2 | Ignasi Pérez Vegara | ALIGOTS | 18:03 | 3 1:19:53 | 2 1:37:56 |
| 3 | Xavier Torras Boldú | ALIGOTS | 18:02 | 2 1:23:19 | 4 1:41:21 |
| 4 | José Méndez Sánchez | COC | 21:22 | 5 1:45:39 | 7 2:07:01 |
| 5 | Jordi Gargallo Renom | COC | 20:08 | 4 1:47:20 | 8 2:07:28 |
| | David Muxach Casellas | GOXTREME BARCELON | 26:19 | 6 bandona | |
| | Jordi Serra Espauella | UEVIC | | 1:35:32 | 5 |
| | Jordi Armengol Martinez | COB | | 1:21:24 | 3 |
| | Arcadi Ginesta López | COC | | 1:41:38 | 6 |
| | Albert Martí Ros | ALIGOTS | | 1:57:26 | 9 |
| | Sergi Feijoo Rodríguez | NO CLUB | | No sale | |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|----------------|------------------------------|---------|-------|----|---------|---|---------|
| D60 (2) | | | | | | | |
| 1 | Maite Torrejon Lazaro | COC | 18:47 | 1 | 48:22 | 1 | 1:07:09 |
| 2 | Mª Teresa Montfulleda Alsina | FARRA-O | 36:36 | 2 | 1:04:02 | 2 | 1:40:38 |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|-----------------|---------------------------|------------|-------|----|---------|----|---------|
| H60 (13) | | | | | | | |
| 1 | David Farell Garrigós | COC | 19:15 | 3 | 51:56 | 2 | 1:11:11 |
| 2 | Josep Palau Sanmartí | COC | 17:36 | 2 | 55:08 | 3 | 1:12:44 |
| 3 | Lluís Alsius Dalmau | COC | 17:24 | 1 | 59:57 | 4 | 1:17:21 |
| 4 | Jordi Virgili Arumi | COC | 19:34 | 4 | 1:03:37 | 5 | 1:23:11 |
| 5 | Joan Sánchez De Las Heras | ALIGOTS | 21:39 | 5 | 1:09:47 | 8 | 1:31:26 |
| 6 | Sergi Fernández Baldellou | COC | 22:33 | 6 | 1:26:51 | 11 | 1:49:24 |
| 7 | Assumpció Termens | UPC-O | 32:14 | 7 | 1:33:03 | 13 | 2:05:17 |
| | Pere Llorens Casas | COB | | | 1:30:05 | 12 | |
| | Jordi Ferrer López | ALIGOTS | | | 1:05:22 | 7 | |
| | Jordi Astier | FARRA-O | | | 1:25:31 | 10 | |
| | Felip Gili Ribes | SABADELL-O | | | 1:04:04 | 6 | |
| | Àngel Pi Boada | COC | | | 50:01 | 1 | |
| | Ricard Masferrer Clarà | SABADELL-O | | | 1:13:11 | 9 | |

| os | Nombre | Club | E1 | E2 | Tiempo | | |
|----------------|----------------------------|------------|-------|----|--------|---------|---------|
| H65 (5) | | | | | | | |
| 1 | Jaume Miralles Fàbregues | COC | 24:09 | 2 | 41:47 | 1 | 1:05:56 |
| 2 | Antoni Medina Herrador | SABADELL-O | 27:33 | 3 | 53:25 | 2 | 1:20:58 |
| 3 | Francisco Rodríguez Moreno | FARRA-O | 23:58 | 1 | 57:34 | 3 | 1:21:32 |
| | Josep Maria Roigé Sans | MONTSANT | | | | bandona | |
| | Ramon Casal I Albareda | senglarO | | | | No sale | |

| os | Nombre | Club | E1 | E2 | Tiempo |
|----|--------------------------------------|---------|----|---------|--------|
| | Popular - llarg i difícil (4) | | | | |
| | Joaquim Gavalda Hidalgo | NO CLUB | | 1:53:13 | 4 |
| | Alberto Baltar Cabanillas | COC | | 1:42:38 | 3 |
| | Joan Esteller Martí | NO CLUB | | 1:29:20 | 2 |
| | Lluís Teixidor Gala | ALIGOTS | | 1:07:30 | 1 |

| os Nombre | Club | E1 | E2 | Tiempo |
|-------------------------------------|-------------------|-------|------------|--------|
| Popular - curt i difícil (7) | | | | |
| Martí Satorras | NO CLUB | 46:58 | 1 | |
| Bernat Frago Busquets | NO CLUB | | r en tarj. | |
| Biel Santacruz Caballé | NO CLUB | | r en tarj. | |
| Ester Vila Planas | ALIGOTS | | 1:12:09 | 1 |
| Lucas De Feo Alemany | GOXTREME BARCELON | | 1:30:41 | 3 |
| Joan Antoni Gala Coma | ALIGOTS | | 1:43:48 | 4 |
| Anna Teixidor Rovira | ALIGOTS | | 1:25:25 | 2 |

| os | Nombre | Club | E1 | E2 | Tiempo |
|-------------------------------------|-------------------------------|--------------|-------|--------------|------------|
| Popular - llarg i fàcil (18) | | | | | |
| 1 | Anna Bultó Sáiz | MONTSANT | 20:07 | 1 59:37 | 1 1:19:44 |
| 2 | Olena Solopan Morayko | NO CLUB | 25:14 | 3 1:38:46 | 5 2:04:00 |
| 3 | Marco Rodríguez Cordova | MONTSANT | 23:26 | 2 1:53:09 | 10 2:16:35 |
| | Nuria Triola | ALIGOTS | 33:02 | 5 r en tarj. | |
| | Martí Casablanças Alòs | NO CLUB | | bandona | |
| | Xavier Alòs Trincado | NO CLUB | | bandona | |
| | Eva Estallé Jacinte | UEVIC | | 1:29:15 | 4 |
| | Bernat Gavaldà Ribas | NO CLUB | | 1:44:33 | 7 |
| | Anna Silla Fdez de Valderrama | XXO | | 2:59:12 | 13 |
| | Cesc Frago Clols | NO CLUB | | 1:56:53 | 11 |
| | Anna Busquets Puig | NO CLUB | | 1:56:56 | 12 |
| | Xavier Soley Marrasé | NO CLUB | | 1:05:35 | 2 |
| | Aitor Rodríguez Guillén | NO CLUB | | r en tarj. | |
| | Mariona Garcia Rodrigo | NO CLUB | | 1:49:30 | 9 |
| | Alba Garcia Rodrigo | NO CLUB | | 1:49:26 | 8 |
| | Marc Satorras Arviols | NO CLUB | | 1:44:30 | 6 |
| | Jan Barcons Arderiu | GASTANT KEKS | 30:09 | 4 | |
| | Jose Manuel (Pep Arcos Pros | ALIGOTS | | 1:06:49 | 3 |

| os | Nombre | Club | E1 | E2 | Tiempo |
|------------------------------------|----------------------------------|--------------|-------|----|------------------|
| Popular - curt i fàcil (21) | | | | | |
| 1 | Marta Nogués Vives | MONTSANT | 15:12 | 4 | 36:42 1 51:54 |
| 2 | Guillem Roig Torres | MONTSANT | 16:50 | 5 | 37:39 2 54:29 |
| 3 | Èlia Rosich Sanchez | MONTSANT | 13:34 | 2 | 41:59 3 55:33 |
| 4 | Joan Angulo Iazard | SABADELL-O | 12:30 | 1 | 45:00 6 57:30 |
| 5 | Marcel Roig Torres | MONTSANT | 18:31 | 7 | 42:57 5 1:01:28 |
| 6 | Julia Valiñas Perarnau | COB | 13:37 | 3 | 57:49 11 1:11:26 |
| 7 | Noa Ordóñez Alba | MONTSANT | 17:14 | 6 | 58:57 13 1:16:11 |
| 8 | Ivet Masoliver Padros | UEVIC | 25:52 | 10 | 52:41 7 1:18:33 |
| 9 | Oriol Figueras Vilà | ALIGOTS | 25:00 | 9 | 54:24 8 1:19:24 |
| 10 | Jarek Ordóñez Alba | MONTSANT | 23:30 | 8 | 58:15 12 1:21:45 |
| | Oriol Melia Roig | NO CLUB | | | r en tarj. |
| | Aloma Gavaldà Ribas | NO CLUB | | | r en tarj. |
| | Dan Melia Suñé | NO CLUB | | | 1:18:32 15 |
| | Aixa Melia Suñé | NO CLUB | | | 1:18:36 16 |
| | Zoe Grandgeorge Vilàs | NO CLUB | | | bandona |
| | Jan Barcons Arderiu | GASTANT KEKS | | | 56:04 9 |
| | Anabel Aguilar | MONTSANT | | | r en tarj. |
| | Nur Comas Sanchez | ALIGOTS | | | 1:12:58 14 |
| | Natàlia Perez-Portabella Zapater | MONTSANT | | | 42:52 4 |
| | Iria Miguez Llamas | ALIGOTS | | | 56:04 9 |
| | Elsa Riuró Svarcova | ALIGOTS | | | No sale |